



HOPE... *and winning the war.*

The name Chuck Negron may not be immediately recognizable, but you have probably heard his music. For more than a decade he sang with the rock band Three Dog Night.

You remember them, don't you? *One Is The Loneliest Number... Joy To the World... An Old Fashioned Love Song* - any of these ring a bell?

For a while Chuck had it all. He and his band had eleven top ten hits and sold 50 million records. He was rich. He was famous. He was on top of the world.

He had everything - including an addiction to heroin that he just couldn't shake. It wasn't that he hadn't tried. During the course of his career he made more than 100 attempts at rehabilitation -including 35 hospital stays — and yet Chuck failed again and again.

After pawning his gold records to buy cocaine, Chuck hit rock-bottom (no pun intended); he wound up living on the floor of an East L.A. crack house. He had lost everything. Everything, that is...except hope. In spite of all his failed attempts, Chuck tried one more time. He entered a program called "Cry Help" and finally, after 20 years of failure, he won the battle. He's been clean for 15 years, and he now works with counseling and intervention programs for musicians. It took more than 100 tries, but he finally made it.

Reading Chuck's story (his book is called *Three Dog Nightmare*), I thought of the times in my life when I have been tempted to give up too soon - deciding it was easier to live with losing than struggle for success.

I also thought of the man who, discouraged by his inability to conquer a besetting sin, said, "If I really had it in me to be good, I wouldn't keep failing."

Solomon, the writer of Proverbs wouldn't agree. He tells us that even a good person can fall again and again. But Solomon also tells us that the defining characteristic of goodness is the ability to get back up. His exact words are...

Though the righteous man falls seven times, he rises again; but the wicked are brought down by calamity. (*Proverbs 24:16*)

You, too, may have been tempted to say, "It's just no use. I've failed at this too many times...Why should I keep trying? This is one habit I will never break, one sin I will never conquer, one failure I will never overcome." According to the Bible, you don't have to give up. The only thing that stands between you and ultimate victory is the willingness to try again.

Do you want to become good? Then get back up. Even if you lose some battles along the way, as long as you're willing to keep trying, you're sure to win the war.

I love you all,

Chris



Financial Peace Class will begin soon in February

This isn't your typical "money class," Financial Peace University is practical, entertaining and fun! More than 1.5 million families and individuals have taken FPU! The average family completing the course pays off \$5,300 and saves \$2,700 in just 90 days. That's an \$8,000 change in position! FPU is based on more than 800 verses of Scripture and is a proven plan that will work for you.

You are invited to attend a preview of the Class on Sunday, February 9th from 10:45AM to 11:45AM in the Fellowship Sunday School Classroom. You can sign up in the Fellowship Hall! For additional information contact Angie Aydlett 910-987-0541 or email aydlettaf@hotmail.com

Our Mission – To Make Disciples of Jesus Christ for the Transformation of the World.

Ruthie's Kitchen

The mission of Ruthie's Kitchen is to provide food and fellowship to the hungry. Thanks to sponsoring organizations, free dinners have been served on Tuesday evenings since October 2009.

Duck United Methodist Church will be serving dinner to the guests of Ruthie's Kitchen on Tuesday, February 18th, 2020 at Son Rise Church of Christ in Kill Devil Hills. We serve from 5:00 to 6:00 PM.

Volunteers are needed to help setup before dinner, serve, and clean up after dinner. You will need to be at Son Rise Church of Christ by 4:30 PM. We will be eating with our guests.

If you are interested in helping or have any questions contact Sherman Pierce 252-261-2034 or email seagull@charter.net.

Thank You.

Sherman Pierce



February BIRTHDAYS!

2/02 - Sandra Birdsong	2/15 - Martha Elliott
2/03 - Don Tucker	2/18 - David Bakken
2/03 - Helen Pisek	2/19 - Joel Billingsley
2/04 - Laura Daniels	2/20 - Natalie Emory
Joy Caroon	2/24 - Bob Ruff
2/07 - Nancy Terry	2/27 - John Chiles
2/13 - Lois Green	2/28 - Heather LaPierre
Becky Harrell	Jody Midgette

Happy Birthday to All of You!

If your birthday is this month but not listed, please call the church office to be included next year.

Please be in prayer for our 2020 ZOE Mission Team



DEBBIE BREIT • DAVID THOMPSON • FRAN THOMPSON

Our team can't wait to tell you stories of how our orphans are doing! They will be visiting our Orphans we have sponsored by Duck Church. They will also meet the neighborhood of orphans we hope to sponsor this year.

We invite you to hear our stories in 2 ways:

1. Live Video Updates on Facebook-

Follow our church Facebook page, "Duck United Methodist Church".

Over the course of the trip, we'll come to you live from Rwanda.

2. ZOE Sunday, February 16th--- Join us in worship as our team shares the highlights of their trip.



MEN OF DUCK CHURCH



Here's your calendar reminder for our monthly Men's Breakfast this Saturday at 8 AM in the Duck Church Fellowship Hall. We'll enjoy our usual food, fellowship and fun, and we'll start a new series of short videos where Matt Chandler will help us understand David's perspective of God, not just as Lord or a powerful force, but as a shepherd who gives and guides and-well... shepherds his sheep (that's us!). We'll have you home by 9:30 AM.

See you Saturday!

Thursday, February 6th 9:30AM

United Methodist Women

FAITH • HOPE • LOVE IN ACTION

The United Methodist Women will be meeting on Thursday, February 6th, at 9:30 AM. We have a lot to catch up on, new officers to present and plans to make. Please come and enjoy fellowship and refreshments while we make plans for 2020. We are thinking of having a women's retreat in the spring and would appreciate all of your good ideas and support. All women are invited and encouraged to attend. See you on the 6th!

Ash Wednesday begins the season of Lent which is the 40 days leading up to Easter. During the season of Lent we are provided an opportunity for self-reflection and self-denial. The Ash Wednesday service helps us to confront our mortality and confess our sin before God in the light of the redeeming love of Jesus Christ.

Ashes are used as a sign of our own mortality and repentance. Come and experience the love and forgiveness of Jesus as we gather

February 26th • 7:00 PM

ASH

Wednesday

RETURN TO THE LORD YOUR GOD

Stain Glass with Marie Shelton

2 classes, Tuesday, February 4th at 6:30 PM
and Tuesday, February 11th at 6:30 PM
Estimated cost for supplies \$35



Make a T-shirt Quilt with Sally Meagher and PJ Hall

2 Classes, Tuesday, February 18th and
Tuesday, February 25th both at 6:30 PM
Supply cost is \$5



Painting Canvas Class with Megan from Local Color

Monday, February 24th, 6:00 - 8:00 PM
Cost is \$35.00 for 11x14 and \$25 for 8x10



United Methodist Men Stack'em High Fundraiser for Ocracoke

Thursday, February 6th, 5:30 - 7:30 PM

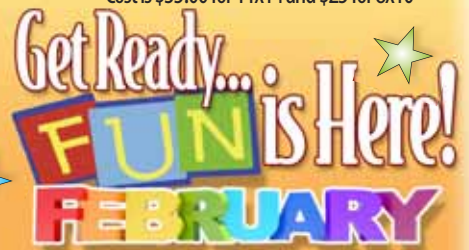
Cooking Greek food with Steve Kiousis

Wednesday, February 12th, 6:30 PM
Cost is \$10.00



Wine and Cheese tasting with our own Cheese Monger Jennifer Minnich

at Village and Tavern in Duck
Wednesday, February 19th, at 6:30 PM
Cost is \$20



Signup Sheets in Fellowship Hall • For additional information, please contact Debbie Breit @ 252-202-1042

The quilters are continuing their work each Friday through February 21st, 9:30 AM in the Fellowship Hall.

Our display of quilts will be Saturday, March 7th and in church on Sunday, March 8th. We continue to thank the church for your support.



Serve.



Serve Notes: Trend in the Right Direction!

I want to tell you about some good news! I'm a numbers guy and having worked with the Food For Thought ministry for 5 or 6 years now, I've noticed a trend in the number of bags of food that we pack each week for kids who meet the requirements for free or reduced-cost school lunch. FYI on FFT: Volunteers from churches and civic groups gather each Thursday during the school year to pack bags of food to take home on Friday for the weekend for those same kids. If you're hungry, it's very difficult to concentrate on learning.

I've noticed that the number of bags that we pack each week has gone down dramatically the last 2 years from what it had been 5 or 6 years ago. For example, 5 years ago, our numbers reached 640 bags per week. During the last 2 years, that number has decreased to about 325 per week. This is fantastic! We're seeing the effects of a great economy and low unemployment directly in these statistics. Can we get to zero? No, that's not realistic but it's a great goal. Matthew 26:11 has Jesus saying "The poor you will always have with you, but you will not always have me."

I want to thank our Food For Thought volunteers from Duck Church that donate their time and effort to fulfilling the mission of this wonderful ministry that had its genesis right here in our Church. The trend is going in the right direction - let's thank God for the blessing of fewer kids needing our help and the dignity and self-worth that having a job gives to those families that previously would have needed a helping hand.

Jim Cotter
Serve Chair

Take The Time to Welcome Our Guests.

Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it.
Hebrews 13:2

T·H·E LOUISE ALTHOUSE BOOK CLUB...



will meet February 10th in the home of Rosalie Schwarz. Her address is 103 Quail Way in Duck. Carol Powell will lead the review of Michelle Obama's book, Becoming. The meeting begins at 9:30 AM. Call Rosalie at 261-2844 to let her know you are coming.


Guests are always welcomed and encouraged to attend!

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Three



DUMC WORSHIP SERVICES

Traditional Sunday Worship Services - 8 & 9:30 AM
 Contemporary Sunday Worship Service - 11AM
 Sunday School - 9:15 & 9:30 AM

2 No Youth Group Super Bowl Confirmation Class 3:45PM	3 EVERY MONDAY Prayer Ministry 1:30 PM Joshua's Men 6:30 P	4 EVERY TUESDAY Mom's Bible Study 9:30 AM Circle of Friends 6:45 PM Couple's Bible Study 6:30 PM	5 ZOE Mission Team Leaves for Rwanda prayers for safe travels	6 United Methodist Women - 9:30 AM DUMM fundraiser at Stack 'Em High 5:30 PM - 7:00 PM (money to Ocracoke)	7 EVERY FRIDAY AA 7:00 PM OBX Blanketeers 9:30 AM	8
9 Confirmation Class 3:45PM Youth Group 5 PM	10 The Louise Althouse Book Club - 9:30 AM	11	12 EVERY WEDNESDAY Pastor's Bible Study 10:00 AM Women's Bible Study 5:00 PM	13	14 <i>Happy Valentine's Day!</i> OBX Blanketeers 9:30 AM ZOE Mission Team Returns from Rwanda	15 United Methodist Men - 8:00 AM
16 Zoe Sunday Confirmation Class 3:45PM Youth Group - 5 PM	17 Duck Call Deadline	18  Ruthie's Kitchen	19  Silver Link Lunch 11:30 AM	20 EVERY THURSDAY Prayer Shawl 1:00 PM Choir Practice 6:30 PM Youth Bible Study 7:00-8:30 PM	21 <i>fun February is Back!</i>	22
23 Confirmation Class 3:45PM Youth Group 5 PM	24	25 Couple's Bible Study 6:30 PM	26  Ash Wednesday Service 7:00 PM	27	28	29 It's February... Join in All the Fun! Stain Glass..... Feb. 7th & 8th • 6:30PM Fundraiser for Ocracoke..... Feb. 6th • 5:30 to 7:30PM Cooking Greek Food..... Feb. 12th • 6:30PM Making T-Shirt Quilts..... Feb 18th & Feb. 25th • 6:30PM Wine & Cheese Tasting..... Feb. 19th • 6:30PM Painting Canvas Class..... Feb. 24th • 6 to 8PM

DUCK UMC YOUTH



**CHECK OUT
WHAT'S GOING ON
AT YOUTH GROUP
THIS MONTH:**



THE TEENAGE YEARS ARE FULL OF CHANGE: YOUR FRIENDSHIPS ARE DIFFERENT. YOUR BODY IS PHYSICALLY CHANGING. YOU THINK ABOUT THINGS DIFFERENT THAN YOU USED TO. AND THE WAY YOU CONNECT WITH GOD CHANGES, TOO. THIS MONTH, WE'LL LOOK AT HOW TO NAVIGATE THESE YEARS OF MESSY CHANGE AND HOW GOD CAN GUIDE US THROUGH THIS TIME OF TRANSITION.

FEBRUARY 2ND NO YOUTH GROUP **FEBRUARY 16TH..... BODY**
FOR SUPER BOWL SUNDAY **FEBRUARY 23TH MIND**
FEBRUARY 9TH HEART **MARCH 1ST SOUL**

We may not have it all together, but together we have it all!

BUS SCHEDULE FOR YOUTH GROUP

AS ALWAYS, OUR CHURCH BUS, WADDLES WILL PICK UP AND DROPS OFF.



LOWES IN KILL DEVIL HILLS	MARKETPLACE BY REAL ESTATE OFFICE
PICK UP 4:30 PM + DROP OFF 7:30 PM	PICK UP 4:45 PM + DROP OFF 7:15 PM

NOTICE: CHURCH WALKWAY RE-OPENS

The Chapel walkway is now open! It has been closed for several months, but has been repaired and is ready for us to enjoy. You can now park in the back parking lot and use the walkway to access the main building. Enjoy the scenic views!

Children's Ministry

Be a part of the team that plans and implements our Children's Ministry

Prayer Ministry Led by Rosalie Schwarz

Monday afternoons from 1:30 - 3:00 PM

Joshua's Men

Monday nights, 6:30 - 8:00 PM

Volunteer to Work with students at Kitty Hawk Elementary School

Mom's Bible Study led by Taunya Moore

Tuesday Mornings from 9:30 - 11:00 AM
Childcare Provided

Circle of Friends Women's Bible Study

Tuesday afternoon from 3:00 - 4:30 PM
Fellowship classroom

Couple's Bible Study

Tuesday Nights from 6:30 - 8:00 PM

Pastor Bible Study led by Pastor Chris

Wednesday Mornings, 10:00 to 11:00 AM
Fellowship Classroom

Women's Bible Study on Women of the Bible

Wednesday Nights 5:00 - 6:30 PM

Silver Link Luncheon

3rd Wednesday of the Month

Prayer Shawlers

Thursday's 1:30 PM

United Methodist Women

1st Thursday of each month

Adult Choir Practice -

Thursdays at 6:30 PM

United Methodist Men

3rd Saturday of each Month



For additional information, please contact Debbie Breit @ 202-1042



POST OFFICE BOX 8010
 DUCK, NORTH CAROLINA
 27949-8010

Prayer Requests

Please call the church office if you do not have e-mail and would like to receive notices of prayer requests.

To Communicate ~

Call us at 252-261-1525

Monday through Thursday or

Email anytime at:

office@duckchurch.org

Office Hours:



Monday through Thursday – 9:00 to 5:00 PM

Follow us on Facebook for all the latest news:

Duck United Methodist Church



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 Permit No.56
 Kitty Hawk, NC
 27949

The deadline for the March Duck Call is February 17th. Thanks.



To my Duck family and friends,
 I want to thank you for the gifts of 6 months of plants and the garden tools to take care of them. I also want to thank you all for allowing me to be the bookkeeper of DUMC for the last ten years. Well, 9 years and 9 month but who is counting.

My other love was doing the attendance, Debby Lucast will be taking over for me and she is not familiar with all of you yet, so get to know her and please sign the attendance register, it would greatly help and be appreciated.

I will still be attending our church, still doing God's work by welcoming friends and guests and praising Him.

Take care and GOD bless.

Kay Ross



Received from Ocracoke United Methodist Church;
 Thank you so much for you generous gift to our church and community in support of our recovery from Hurricane Dorian. We are blessed to have such wonderful, caring brothers and sisters in Christ.

The UMC of Ocracoke

Editor's Note: Pulling together as a family, we were able to be so much more generous and make a greater impact in Ocracoke's recovery. During the Christmas season we were able to send \$6,983.00. *Thank you for your generosity.*

Save the Date for... Vacation Bible School!

**Monday, June 22nd thru
 Thursday, June 25th**

Ages 4 thru 5th Grade



**For more information contact Debbie Breit at 252-202-1042
 education@duckchurch.org**